

Session 3 - Reflection Questions

After the opening prayer which will follow the 2 minute updates from several of our communities, we will break into our small groups immediately. Each facilitator will begin the small-group sharing by inviting each sister to speak for 2 minutes on some aspect of the following reflection questions:

- How do you speak/listen in a way that allows you to be open to potential change?
- How do you stay open to what others are saying particularly if you don't agree?
- How do you effectively communicate when you have a different perspective?
- How do intergenerational differences impact listening and communicating?

4th Reflection question nuanced: How do differences among us (ie - intergenerational, cultural, personality differences, etc...) impact listening and communication?