



Session 3 – FLOW

Welcome –*Claire* 5 min.

Video Greetings from CCA Carmels – *Celia* 10 min

Prayer / Comments before Small groups – *Elizabeth* 5 min.

Small Groups – 60 minutes - including 5 min. break

(Note the start time. Let your group know when the small-group sharing will end. Remind them there will be a 5-minute break sometime during the small group segment.)

Concluding Comments / Post-Session Evaluations – *Elizabeth* 10 min.